

## Prayers to Begin the Day

*Dear God, we thank you for the night,  
And for the pleasant morning light,  
For rest and food and loving care,  
And all that makes the world so fair.  
Help us to do the things we should,  
To be to others kind and good  
In all we do and in all we say  
To grow more loving every day.  
Amen.*

Dear God, we give you this day  
All of our work, and all of our play  
All that we do, and all that we say  
Amen

*Now before I run to play,  
Let me not forget to pray,  
To God who kept me through the night,  
And woke me with the morning light.  
Lord, be with me all today,  
In my work and in my play.  
Amen.*

Two little eyes to look to God;  
Two little ears to hear His Word;  
Two little feet to walk in His ways;  
Two little lips to sing His praise; Two little  
hands to do His will;  
And one little heart to love Him still.  
Amen.

*These little hands I fold in prayer,  
To thank you, God for being there.  
From this little heart I speak to You,  
Asking you, God what I should do.  
These little eyes are filled with love,  
For you my God in heaven above.  
Amen.*

Dear Lord, I rise from bed to pray;  
Then soon go out to school or play.  
Let all I meet along the way,  
See you in me throughout the day.  
Amen.

*Help us, God, each day,  
To follow You along the way.  
Teach us to be kind like you,  
In everything we say and do.  
Amen.*

## Prayers to End the Day

Jesus tender Shepherd hear me  
Bless your little lamb tonight  
Through the darkness  
Be thou near me  
Keep me safe till morning light.  
Amen.

*Now I lay me down to sleep,  
I pray the Lord my soul to keep  
May angels watch me  
through the night and  
wake me with the morning light.  
Amen.*

Be near me, Lord Jesus!  
I ask you to stay  
Close by me forever  
And love me, I pray.  
Bless all the dear children  
In your tender care  
And take us to heaven  
To live with you there.  
Amen.

*Time has come for me to sleep ,  
And I thank Thee for Thy keep.  
Watch this night well over me  
Teach me Lord to trust in Thee.*

*Many sins I've done today  
Please Lord, take them all away.  
Look upon me in Thy grace  
Make me pure before Thy face.*

*Care for children sick and poor,  
Grant them Lord Thy blessing more  
Care for Mom and Dad the same  
This I pray in Jesus' Name.  
Amen.*



## Prayers to Begin a Meal

Come, Lord Jesus, be our Guest  
And let Thy gifts to us be blest.  
Amen.

*God is great and God is Good,  
And we thank him for our food;  
By His hand we all are fed,  
Give us, Lord, our daily bread. Amen.*

We close our eyes,  
We bow our heads,  
We thank You, Lord,  
For daily bread.  
Amen.



*God, We give thanks for our bread,  
We give thanks for our butter,  
But most of all,  
We give thanks for each other.  
Amen.*

For rosy apples, for juicy plums,  
For honey from the bees,  
We thank you, heavenly Father God,  
For such good gifts as these.  
Amen.

*Bless us, Lord, from head to feet.  
And bless this food we're about to eat.  
Amen.*

Thank you for the world so sweet.  
Thank you for the things we eat.  
Thank you for the birds that sing.  
Thank you, God, for everything.

## Prayer to End a Meal

O give thanks to the Lord, for he is good; and his mercy endures forever.  
Amen.

## A Model for Prayer

A Child's Finger Prayer

Many children learn to count on their fingers ... why not teach them to pray by their fingers!

### THUMB --

Your thumb is the digit nearest to your heart, so pray first for those who are closest to you.

### SECOND FINGER--

The second finger is the one used for pointing. Pray for those who point you and others toward the truth, whether at church, home or school. Pray for teachers, carers, pastors, parents.

### THIRD FINGER--

The third finger is the tallest, pointing up towards heaven. Give thanks to God for who he is, and what he does for us.

### FOURTH FINGER --

The fourth finger is the weakest. Pray for those who are in trouble and pain --- the sick, injured, lonely, depressed, frightened. Pray also for God's forgiveness for your times of spiritual weakness and failure (i.e. confess your sins to him).

### LITTLE FINGER --

The little finger is the smallest and last finger.  
We pray for our own needs last of all.

